

## Don't Miss This Opportunity: Prayer and Care Connection

The MSPC Membership Committee and Rev. Anne Ross are pleased to announce a Fall Prayer and Care Connection, facilitated by Rev. Anne Ross. This Fall Connection is in response to those who participated in the Mid-Winter Connection earlier this year. "We would like this experience more than once a year," several participants said. This is a call and invitation back to the "good ol' days" to connect with someone in a heartfelt way. After spending time in prayer and thoughtful reflection, even if you do not know someone well (or at all), instead of using computers, emails, or texts, we invite you to pick up pen and paper and write a note. Send it via the USPS, along with your prayers and thoughts. It's amazing how the MSPC community will connect in this way!

**HOW IT WORKS:** Anne Ross will connect names of people who wish to participate. You will then receive the name of another participant who will be placed in your care. Your job is to hold this person in your thoughts and prayers for 1 week by placing that person's name someplace you will see daily. You may want to spend a minute or two each day sending them love, prayers, and holding them in the light of Christ. During this week listen to your heart and watch for clues about how you can be a compassionate witness to this person. (Note: Someone else will be praying for you at the same time.) The name you receive is a secret at this point. Trust that you have been matched with the right person and the Spirit will guide you to complete your mission.

**HOW TO PARTICIPATE:** Get a copy of the FULL INSTRUCTIONS either at church or from the church website or contact Anne Ross at [amross0611@gmail.com](mailto:amross0611@gmail.com) (after signing up, Anne will email full instructions to you).

Get the following information to Anne Ross by email at [amross0611@gmail.com](mailto:amross0611@gmail.com) or call 540-908-6561 no later than Thursday, September 26, 2024. Provide your:

Name, Email address, Best phone number, SNAIL MAILING address

Anne will send you your person's name by email (or phone if you do not have email) no later than MONDAY, SEPTEMBER 30, 2024.

Complete your 1 week of prayer and mail your package/envelope (see FULL INSTRUCTIONS) no later than TUESDAY OCTOBER 8, 2024.

On SATURDAY, OCTOBER 19 at 3 PM, Anne will host an in-person gathering for any participants who want to share their experience of giving or receiving and what they learned or what it meant to them. It will be a fun and informal time to connect, visit, and share with one another.